Dr. Pandurang Ingle: A Comparative Study among Working and Non-Working Women with Respect to Life Satisfaction

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A Comparative Study among Working and Non-Working Women with Respect to Life Satisfaction

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Abstract

This paper aims to compare life satisfaction between working and non-working women. The sample of the study 10 working women and 10 non- working women age range of 20 year to 40 year, were selected randomly form Chatrapati Sambhaji Nagar. Researcher hypotheses was that there will no significant difference between working and non working women on life satisfaction. 't' test was used to compare five dimensions of life satisfaction; Health, Personal, Economic, Marital, Social and Job. The overall life satisfaction mean score working 39.2, 5.17 S.D., and Non-working women 39.4, 2.65 S.D. ('t'= 0.11, df = 18, P = NS). which indicate there is no significance difference.

Keyword: Life satisfaction, Marital satisfaction, Job satisfaction, Marital satisfaction, working women, non- working women.

Introduction:-

Life satisfaction is the way people evaluate their lives and how they feel about their directions and options for the future. It is a measure of well-being and may be assessed in terms of mood, satisfaction with relations with others and with achieved goals, self-concepts, and self-perceived ability to cope with daily life. It is having a favorable attitude of one's life as a whole rather than an assessment of current feelings. Life

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